

Nature and Culture  
Harmonize  
in Japan's Inland Sea

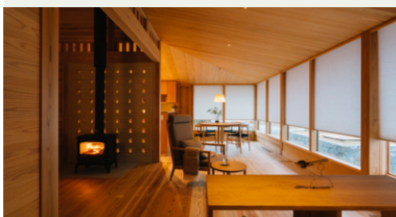
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# SETOUCHI MITOYO



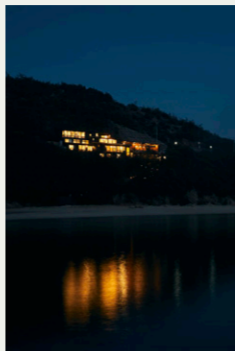
Mitoyo Tourism & Exchange Authority

JAPAN



## STAY

Spend the finest time and forget your daily life. Relax and be healed by the calm flow of time.



## EXPERIENCE

Jump into Mitoyo nature. Activities perfect for making memories on your trip.



## EXPLORE MITOYO

When you come to Mitoyo, Kagawa with all its wondrous nature, please experience on your travels with your own senses the sights and things that locals work hard to preserve



Sushi with fresh fish



Plate lunch with treasures from the sea and mountains



Juicy fruits from Mitoyo – the fruit kingdom



Unique handmade bread



Nio Vinegar



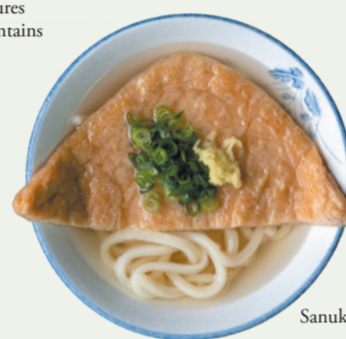
Sanuki Temari (Hand-sewn Balls)



Hariko Tora (Paper-mache Tigers)

## EAT

So many delicious treats in Mitoyo! Local flavors passed down through generations.



Sanuki Udon



Sweets with seasonal fruits

## LOCAL PRODUCTS

From local crafts to locally-grown delicacies.



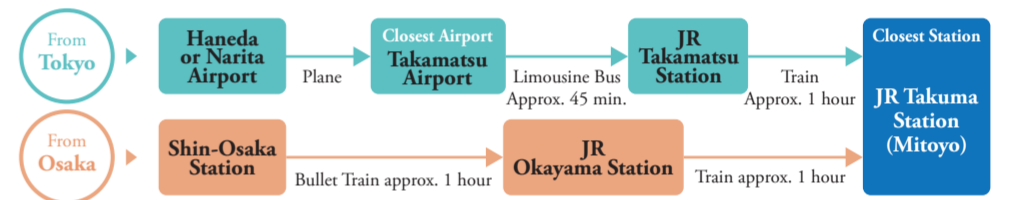
## MAP & ACCESS

Kagawa, the smallest prefecture in Japan by land area. Mitoyo is located in the western part of Kagawa and is bordered by the Seto Inland Sea to the north, Tokushima to the south, and is full of nature with beautiful sea, mountains, and fields.



### Directions to Mitoyo, Kagawa

By plane, Train, or Bus



### Skyview Torii Gate Takayajinja Shrine

A torii gate with an astounding view

The torii gate sits atop the peak of Mt. Inazumi, which stands at 404m, and has a beautiful view of the Seto Inland Sea and Kan-on-ji. Also known as a power spot for financial luck.

ACCESS Takaya-cho, Kan-on-ji, Kagawa



### Skyview Swingset Mt. Unpenji Summit Park

Ride one of Japan's largest ropeways and take a walk in the sky

Come see the numerous colorful photo spots in the summit park at 920m above sea level. Take a ride on the swingset that overlooks the Sanuki Plains, and feel like you're flying in the sky!

ACCESS 1974-57 Marui, Onohara-cho, Kan-on-ji, Kagawa



### Kotohira Town (Kagawa)

Affectionately known as Sanuki Konpirasan, this town is home to Kotohira-gu Shrine. There are many important cultural property sites where you can feel the local history and culture.

### Miyoshi City (Tokushima)

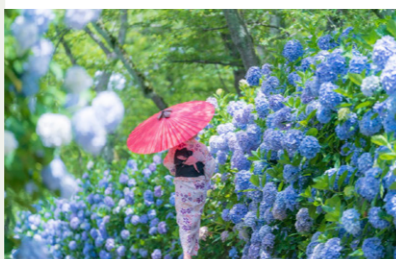
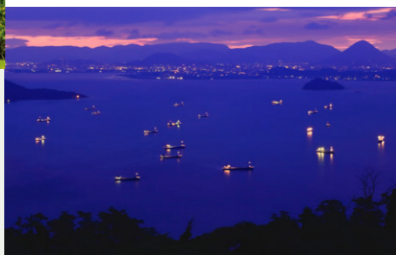
Home to sites such as Iya-no-Kazurabashi (Suspension Bridge Made with Vines), one of Japan's Three Strange Bridges, and Oboke and Koboke Gorges, which have been slowly carved out by the Yoshino River over approximately 100 million years.



### Mt. Shiude

Scenes of the many beautiful Setouchi Islands

One of Japan's notable cherry blossom spots, the views from the summit of this mountain are absolutely breathtaking. Known around the world, Mt. Shiude was also featured in the US New York Times list of 52 places to visit in 2019. In spring, cherry blossoms bloom; in early summer, hydrangeas flourish. Seasonal flowers paint the landscape, attracting many visitors.



**Mt. Shiude Archaeological Museum and Café**  
This small observatory displays artifacts from a highland settlement from the Yayoi Period. Enjoy the scenery and take a break at the refreshment corner.

ACCESS 451-1 Ohama Otsu, Takuma-cho, Mitoyo, Kagawa

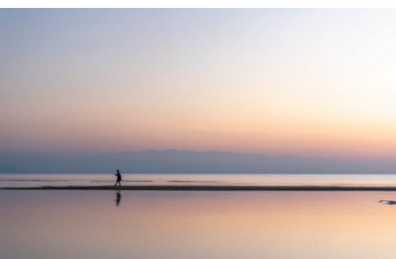


※The cover photo differs from the current landscape due to cherry tree conservation efforts



### Chihibugahama Beach

Mirrorlike reflections of the sky protected by the local community



**Before** The beach that was



**After** Locals who protect the beautiful beach

The beautiful beach which spans 1km is well-cared for by people of the local community. At low tide, the tide pools reflect the sky just like a mirror. When low tide and sunset times align during calm conditions, you can capture amazing photos.

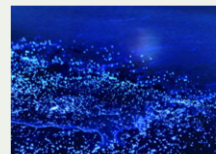
ACCESS 203-3 Nio Otsu, Nio-cho, Mitoyo, Kagawa



### Awashima Island

An island where nostalgia and art coexist

An island where time flows slowly brimming with modern art and historical scenery.



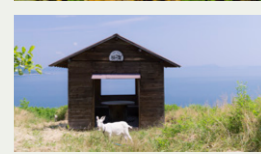
ACCESS (Suda Port) 6807-10 Takuma, Takuma-cho, Mitoyo, Kagawa



### Shishijima Island

Mysterious island watched over by Okusu, the 1200-year-old tree

This island is home to Okusu, the 1200-year-old camphor tree, and colorful flower fields against open skies. Island time - feel the power of island and connect with nature.



ACCESS (Miyanoshta Port) 1338-129 Takuma, Takuma-cho, Mitoyo, Kagawa



